

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizwe Albert Mmeleli

Has successfully participated & completed the

20km Tshufi Hill Challenge Mathaithai Trail Run 2019

held at Lebone College.

TIME 01:48:18

PACE 05:24/km

GENDER 7 of 58

OVERALL 8 of 70

40+ 3 of 17

26 October 2019, Sat

Date



BoutTime

Signature

